



# PRIDE OF LIONS

District 105A News  
DG Martin Morgan



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## Lions on Mount Everest



Lion Viren Hindocha from Lions Club of Sudbury accompanied by his family and friends, took on the Everest Base Camp Challenge.

The trip lasted 17 days and involved trekking for up to 7 hours daily for 13 days staying in camp sites with squat toilets and basic facilities and very cold conditions. It was a tough challenge but the views of the mountains and the wonderful scenery made it all worthwhile. Team N Everest made it to the base camp on 10th October 2010.

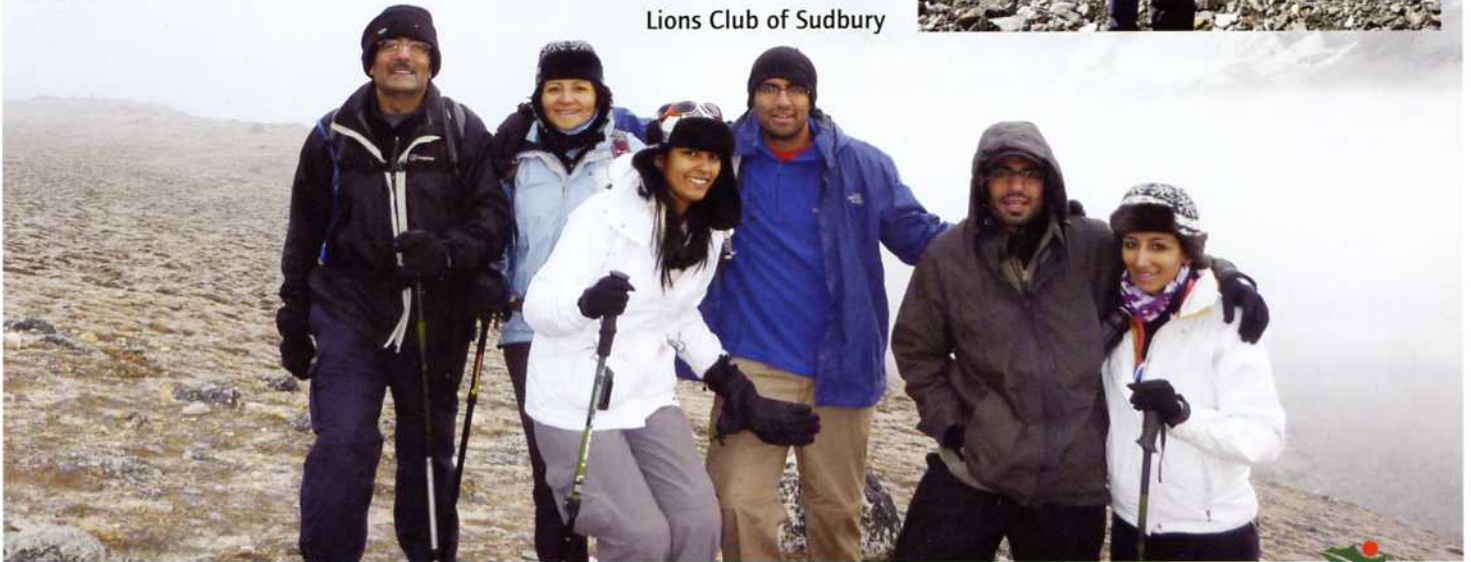
The designated charity is St Lukes Hospice who do great work for people with terminal illnesses. Total amount raised, is well over £ 22,000. THIS WILL BENEFIT ALL THE NEEDY.

Special thanks to all the Sudbury Lions and the Lioness Club of Golders Green as well as the donors on the Just Giving website. We also thank the many who supported various fund raising events as well as our youngsters who organised a charity party in Camden. Lions Clubs of Mill Hill, Kingsbury and Golders Green also supported the fund raising events.

With your kind support they all made it... A journey to remember and cherish forever.



Lions Club of Sudbury



### NOTICE BOARD

**Diary Date - 12th February 2011**  
**Stoke Mandeville Stadium 7:00pm**

District 105A's 7th Annual Bowls/Quiz Evening in aid of WheelPower. An informal evening shared with the British Wheelchair Bowls Association, all welcome. Details from **Lion Steve Foott 01525 636145**

#### LCIF annual contribution pins

Lion Rati Shah, the District LCIF/CSF11 officer, has a supply of LCIF annual contribution pins at a cost of £15 each. Would clubs requiring them please send a cheque, payable to Lions Clubs International District 105A, for the total amount to Lion Rati. He will send the pins to you.

#### LCI Purpose:

*To encourage service minded people to serve their community without personal financial reward.*





## DG and ZC visit to Ealing Lions Club

DG Martin Morgan, Jill Morgan and ZC Ranjit Mangat visited Ealing Lions Club (ELC) at their business meeting on Wednesday 6th October 2010.

The meeting was lively, interesting and very informative. DG briefed the meeting on the current topics covered at the recent LCI

Board Meeting in Edinburgh and emphasised IP Sid Scrugg's theme "Shine a light on Service & Beacon of Hope". Jill Morgan's background to her chosen charity "Juvenile Diabetes Research Foundation" was equally touching. ZC Ranjit Mangat appreciated ELC's excellent charitable work which

included numerous Eye camps in India.

As it was ELC President Narinder Chadha's Birthday, everyone at the meeting was treated to a sumptuous dinner at the local Indian Restaurant.

PRO Lion Pervinder Panesar



## Hadley Wood donates vegan meals for Pakistan victims

Following on from purchasing food and tents for the Pakistan Flood Relief, Lions Club of Hadley Wood has donated another £1500 towards the efforts of Food For Life and Hare Krishna Foundation Pakistan to feed the victims of the floods with vegan meals especially in the Sindh area which was devastated during the floods.



Please find more information on their website [http://ffl.org/pakistan/?page\\_id=20](http://ffl.org/pakistan/?page_id=20) or call Ram Yagya Das in Karachi on +92 301 36 88 360. He is in charge of the distribution of food. Alternatively you can contact me.

ZC Ali Musani

## Senior Citizens Celebration Appeal

Sunday 13th February 2011

Since 2000, the annual District 105A Senior Citizens Celebration is a fixture in the District's Calendar as a highly successful and enjoyable event. It recognises and acknowledges our gratitude to our Senior Citizens and allows every Club in the District to bring their own guests for a three hour long gathering and to enjoy tea and entertainment. As you know, for many of them this is one of the few occasions when they leave their homes.

The party for 800 guest's costs around £11,000 and with a nominal ticket price, leaves a shortfall of around £5,000. The shortfall has been reduced by donations from supermarkets, sponsors and by self-catering. Lions preparing the food have resulted in amazing fellowship. I would appreciate it if your Club could consider an annual donation of say £75 or more from your charity account to enable this worthwhile celebration to continue. This event is a perfect example of hands-on activity, where we serve. Please consider this appeal and I thank you in anticipation of your generosity. Please send your cheque to District Treasurer marked SCC on the back of the cheque.

DG Lion Martin Morgan

## Peace poster

**LIONS DISTRICT 105A**

**2010 Peace Poster Finals**  
Vision of Peace. 25th Nov 2010

**1st Place—Christy Stubbs**  
Lions Club of Royston

**2nd Place - Matt Bramston**  
Lions Club of Leighton Buzzard

**3rd Place - Annabel Gee**  
Lions Club of Royston

Lion Mike, Head Mistress of Northwell College Jackie Paine, Lion Alex (Berkhamsted) DG Martin, Judge Paul Hillary, LP Mouse Park Milan Thakkar, Dist Peace Poster Officer Lion Himanshu Bavaria

District 105A Peace Poster Officer Lion Himanshu Bavaria

2010 Peace poster competition winning entries.





## Eye Health with the Hitchin Lions Club

Thursday 14th October was World Sight Day and to support this members of Hitchin Lions Club on Saturday 16th October manned a stall in Hitchin market square to promote the Lions' Eye Health programme. The aim of the programme is to raise public awareness of the possible causes of blindness and steps that can be taken to prevent it. To highlight this the Lions invited Town Centre Manager Keith Hoskins to don a blindfold and to experience the difficulties people with impaired vision experience, especially in making their way in Hitchin.

Keith was escorted on a route around the market square, following which he said "I was escorted round and still found the whole experience quite scary. I don't know how people cope with just a stick or even a guide dog. We all need to be more aware of their difficulties"

Hitchin Lions Club President, Lesley Davies said "We were pleased to be able to remind Hitchin shoppers about the importance of regular eye tests in spotting early signs of preventable blindness. People were particularly interested in trying on the special glasses which simulate these diseases and some were quite shocked by the effects on their vision"

- Lion David Kelsall



### Welcome to new member

At our 7th September Business Meeting, new Member Lion Jayant C Patel was inducted by Lion Ramesh Parmar. He was sponsored by Lion NC Patel. Congratulations and warm welcome to Lion Jayant.



## Hertford Charter Night A Masquerade Ball



On Saturday 2nd Oct, the Lions Club of Hertford celebrated its 39th anniversary in grand style. The club president, Sheila Sutcliffe, added 'that feminine touch' by turning the annual event into a Masquerade Ball. Members and guests, from far and wide came to join in the fun and celebration of the Club's good works.

Distinguished guests included Lion VDG John Savell, with his wife Linda, Past DGs Lion Ken & Margaret Rouse, Brenda Haddock (Lady Mayor of Hertford), and Peter Ruffles (District and County Councillor). The evening started informally guessing who was behind the glamorous masks. The Hotel manager was called upon to judge the 'best masks.' A light hearted quiz ensured debate and discussion at the tables. (Disputes were settled in the time honoured way of bribing the judge at the bar!)

Lion President Sheila Sutcliffe expressed thanks to the many individuals, and companies, who have provided the club with funds and services helping it to continue achieving its goals. The dinner speeches from the guests made reference to the club's good deeds and service work. The dance floor then lit up and remained lively until 'the witching hour' when carriages awaited.

### Some of Hertford Lions Community work and Fund Raising

Hertford Lions have been entertaining the residents at Libury Hall Care Home with a twice monthly Bingo Session started before Hertford Lion's inaugural charter day 39 years ago!

Hertford Lions also plan and organise Old Time Music Hall suppers and Mystery Coach Tours for the elderly. Over the years, recipients of Hertford's fund raising activities have been local causes including The Isabel Hospice in Welwyn Garden City, Alzheimer's East Anglia, and Herts. Air Ambulance, etc.

Lion Alan Kerry

### The following may be of interest to all Clubs:

**BBC** Children in Need are inviting not-for-profit organisations (including registered charities, voluntary organisations etc) working with disadvantaged children and young people 18 years and under, living in the UK, to apply for grants.

They run two grant schemes. Small grants of £10,000 or less per year for up to three years and Main grants over £10,000 per year for up to three years. They can only fund projects that focus on the differences made to the lives of disadvantaged people. The aim is to fund projects where a small amount can make a real contribution to the success of the project. Grants can be used to cover both, capital and revenue costs. The next deadline for applications is the 15th January 2011 and further information can be obtained from: [www.bbc.co.uk/pudsey/grants/general\\_grants.shtml](http://www.bbc.co.uk/pudsey/grants/general_grants.shtml)

## From the Editor

With Christmas approaching, another year is almost gone. It brings to end the first decade of the 21st Century and we all feel the world around us changing very fast. We need to harness new ideas to raise funds for the needy. It is not easy in the current economic climate but as you read this issue Lions are always striving to fulfil our motto of 'We Serve'. In this season of goodwill and giving let us all do our best. Merry Christmas and a Happy New Year.

Lion Shirish Sheth



