



PRIDE OF LIONS



District 105A News
DG Wesley de Mendonca

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10 years of Senior Citizens Celebrations

Our District's biggest annual hands-on service activity took place for the 10th year on 7 February at Byron Hall in Harrow, where our invited senior citizens enjoyed 3 hours of fun-packed entertainment with high tea.

The day started at 8am on a very cold Sunday morning with the unloading of the very full Alfvan by the first group of 30 volunteers. They were then assisted by 250 Lions, their partners and Leos from throughout our District. Together they transformed the empty hangar-like hall to a warm and tastefully decorated place full of balloons and streamers with 85 tables for the party.

Helpers spread throughout the hall: some making sandwiches, orange squash or tea, some decorating tables, some putting soft drinks and snacks on tables, some getting vegetarian meal boxes ready, some putting up banners or sorting out the PA equipment, and many other tasks but every one busy in the spirit of service to ensure a marvellous spectacle for our senior guests arriving from around District 105A. What amazing camaraderie and fellowship!!

Moonlighting disco team created the party atmosphere with their sounds. Guests were welcomed by being garlanded upon arrival.



The magicians Nutty and David mixed with the guests entertaining them with their magical tricks and quick jokes. The senior citizens were munching the snacks and enjoying music from their youth. It wasn't long before Soul Watts was blasting away with his wartime favourite hits.

The well rehearsed meticulous drill for serving food worked a dream and every guest had their vegetarian or non vegetarian food and hot tea served by their Lion hosts.

David and Nutty were now joined by the Monocyclist Nick Robson who had transformed from a fairy to a cyclist. The chatter was very loud and everyone enjoyed the background disco music whilst acquainting themselves with each other.

Jay Kumar and his Bollywood dancers got everyone moving and dancing to their best. All this keep fit and excitement had to end and what better than music from the cockney Barrow Boy favourite hits which brought back fond memories.

After the DG Wesley had formally welcomed all the guests, the Master of Ceremonies felt it was time for the ever popular bingo with the prizes. The shout of full house was followed by a free raffle.

The spirit of this event which has hosted thousands of our senior citizens over the last decade is captured in these letters from the guests:

"...please convey our sincere thanks to the organisers for a wonderful party. We appreciated the work and dedication of the organisers that made the celebration such a success. One of our guests said that it had been one of the happiest days of her life."

"...I have not been out to a gathering since my husband died several years ago and I had forgotten what it was like to be invited to a party and enjoying music and companionship. Thank you for such an enjoyable afternoon. I hope I am invited again."

Thanks to Team SCCC: Ken and Margaret Rouse, Ron and Christine Wilkes, Dilip Shah, Manish Chotai, Andrew and Louvain Allen, Alf Sanders, Veena Sharma, Peter and Jane Codrai, Amar Obhie and Peter Gent, Ex Officio Members Lions Mukesh Palan and Steve Gledhill and all the Lions/Leo of the District for their continued support enabling us to practice the Lions motto of "We Serve".

Lion Parveen Verma



NOTICE BOARD

STEVENAGE LIONS CLUB

The Stevenage Lions Club 39th Charter Anniversary Celebration will be on Sunday 18th April 2010 - 12.30pm for 1pm dinner. The Charter Lunch will be held at The

Cloisters, Barrington Road, Letchworth. We offer you a four course meal and the cost will be £22.00 per head. If you would like further information about the Charter Lunch, please contact me, via telephone number is 01462 624034. Lion Ron Wilkes, Club Charter Celebration Officer.

LCI Purpose:

To create and foster a spirit of understanding amongst peoples of the world.



Free Health Screening at The Mall, Ilford on 16th January 2010

The free health screening camp was held by **The Lions Club of Fairlop** under the leadership of Lion President Surinder Rooprai. This was the first of its kind with its own funding and also donations by individuals and some pharmaceutical companies.

Dr. Anurag Sinha (a member of Lions Club) a GP in London Borough of Newham help us set up a team for this programme. The Screening started at 9.00am on Saturday with 2 doctors and 2 nurses working throughout the day till 6.00pm. A total of 238 people were tested for Blood Glucose and Blood Pressure and a further 15 were tested for cholesterol. Of the people tested, some were found to have a high blood glucose levels or high blood pressure or high cholesterol level.

The Mayor of London Borough of Redbridge Mr. Chan, Mr. Lee Scott MP, Mr. Mike Gapes MP, and Councillor Keith Prince were all present to support the event and were well impressed.

Members of The Lions Club of Fairlop were present for the whole day helping with leaflet distribution, recruiting people for check ups and also helping the doctors and nurses.

Dr. Sinha considered the event to be very highly successful and praised the Club Programme Committee Chairman Harbinder Manku for the organisation of the event. Lion Harbinder has promised that the club will organise another programme during the Diabetes Week UK and hold similar programmes in future to create awareness of these ailments amongst the community.

Lions Club of Fairlop



Diamond Charter Anniversary of London (Host) Lions Club

Lionism in the British Isles - MD 105 was started on 29 March 1950 with the formation of our Club - London (Host) Lions Club.

It is a momentous occasion not only for us at London (Host) but also for ALL LIONS in the MD 105. Come and celebrate it with us on Sunday 18 April 2010.



Zone H Bowling



Zone H Bowling took place 27 January 2010 at the Hollywood Bowl in Garton. There were four teams comprising of Lions and partners and representing the Lions Clubs of Berkhamsted, Hemel Hempsted, St. Albans and Watford. The level of skills on show ranged from the very good, to those who were clearly not 10-pin bowlers but it didn't make any difference as a good time was had by all. Though a fun event there were trophies to be awarded for the best team score, the highest individual total, the highest number of 'strikes' and 'Booby' prize.

The evening was very well organised by Mark Franklin (Watford Lions) and the awards were as follows:

- i) Best team score to Mark Warren, President of Watford Lions.
- ii) Highest Individual score: Paul Day (St. Albans Lions)
- iii) Highest number of 'strikes': Paul Day
- iv) 'Booby Prize' Frances Turner (Watford Lions)

It is hoped that the Zone H Bowling will become an annual event.

Kevin Dean Zone H Chairman

Zone C with DG Wesley and others

Zone C Third Business Meeting was well attended on 29 January. DG Wesley along with candidates for 1st and 2nd Vice District Governors Lions Andrew Allen, Kamal Sood and John Savell enjoyed the meeting with the Zone C Members from all the Clubs.

Meena Gupta Zone C Chairman



Dream trip to Disney Land

Two severely disabled children went on a dream trip to Disney Land in Florida, following a generous donation by Lions Club of Osterley and other supporting local Lions clubs.

The presentation of a cheque for £1,200 was made by the Deputy Mayor of Hounslow Council Barbara Harris to the children's mother Ajmer Patel on 30th July at Hounslow Youth Centre.

The money raised paid for a special vehicle during their two week trip for the severely impaired children Yashna and Anil Patel. Anil can no longer sit up and needs to travel in a bed. The children require constant one-to-one attention.

The contribution was promised by past President of the Lions Club of Osterley Jagjit Gill who took on the project when he learnt of the children's plight and their dream to visit Disneyland.

Other Lions Clubs in the zone were generous in their donations towards the total including Lions Clubs of Feltham & Whitton, London West, Staines & Ashford and Hammersmith & Shepherds Bush.

Lions Club of Osterley



Christmas hamper 'Thank You'

While assisting Round Table with their Santa's Sleigh street collection, a member of Hitchin Lions Club was given a hamper by a local resident, an unwanted business gift. Being rather a special hamper, we decided to give it to a special person. An elderly lady, well known to all as 'Tigger' had done a great deal for the local community for many years, particularly in running the local Blind Club, with transport provided by members of Hitchin Lions. This is the poem she sent our President, by way of thanks:

*At Christmas a tall man came to my door
Really could not ask for more
And in his hand he carried a basket
A veritable Christmas casket
In it was wine and food
And all of it was very good
It is so much good the Lions do
It is appreciated by many, not few
And I for one am overwhelmed by the care
and concern
They always do many a good turn
So all who work for Lions, women and men
I wish all my happiness for two thousand
and ten
"Tigger"*

We pass it on as a message for Lions everywhere!
Lions Club of Hitchin

From the Editor

District Convention is a place for Lions from many clubs to meet, exchange notes and enhance fellowship. Happy times for the winners of various competitions and very hard work for the organising Committee. I am sure that this year's Convention will be as successful as previous years. Best wishes to the DG Elect and VDG Elect to be announced.

Lion Shirish Sheth

Work and Fun at SC celebrations





DG Wesley's Words

Conservation through cooperation and service



The District 105A Convention is being held at the Holiday Inn Hotel, Elstree on the 5th and 6th March 2010. I am glad to report that H.E. Laleswar K.N. Singh CCH, the High Commissioner for Guyana, has kindly agreed to be our Guest for the opening of the Convention. He holds the highest honour to be given by the Guyana Government, the CCH - **Caiquic Crown of Honour**, and has been representing Guyana in the UK since July 1993.

I am pleased that our International Guest is Dr Ton Soeters, a member of the International Board in Oak Brook. We also welcome our friends from Germany, Poland and MD 105 including Council Chairman Lion Andy Pemberton and our two PID Lion Howard Lee and Lion Phil Nathan.

Congratulations to the Leo Club of Wembley Brent formed with 20 members on 31 January 2010. This new Club makes the total Leo membership 230 in District 105A. Congratulations also for the District Music Competition winner Justin Rogers sponsored by Lions Club of Ruislip and the runner up Felix Ashew-Conti sponsored by Leighton Buzzard Club.

The District Peace Poster Competition winner Ben Chalmers is now the Multiple District winner and is now amongst the 24 finalists at the International level. Our congratulations to him, his parents, the Bridgewater School and the sponsoring Lions Club of Berkhamsted. He will be attending the House of Commons as guest of MD for United Nations Day and receive a cheque of £100 from MD.

The winner of this year's District 105A Young Ambassador competition is Joe Hartley sponsored by the Lions club of Letchworth Garden City and Baldock. Joe will be attending and addressing the Convention.

Weekend Leadership Workshop

Open invitation to Lions Club members to register for this Workshop on the 27-28 March at the Hilton Double Tree Hotel, Milton Keynes. There is a

limited number of 20 places at a delegate fee of £100. Contact: PCC Viresh Paul for details at email: leadershipdevelopment@lions105a.org.uk.

United Nations Day at the House of Commons:

Since 1978 LCI has been privileged to have a Lions Day with the United Nations at UN Headquarters in March each Year. We are the only International Service Organisation to be offered this privilege. This year's 32nd Annual Lions Day at the UN will be in Vienna on March 26 rather than in New York. Contact: PDG Lion Ram Jaggi MBE email: ur@lions105a.org.uk

Leeds Multiple District Convention:

This Convention is having two items on the agenda. One: the visit of the Patron of Lions Clubs of the British Isles, HRH the Countess of Wessex. The other, election for the post of MD nominated candidate to the Post of 2nd International Vice President. The two candidates are PID Howard Lee and PID Phil Nathan and both will be addressing the District 105A Convention.

Haiti Appeal

Lions Clubs in District 105A have contributed £14,079, and the MD total is £167,740. LCIF has provided over US\$2 million and supplies of water, food and medical supplies were distributed by Haitian Lions and Leo Clubs to a hospital and an orphanage. Haitian Lions Clubs have established 3 tent cities, each catering for 1,200 people.

Membership Reports

Submission of Membership reports on time is one of the conditions for Presidents receiving 100% Presidents Award at the end of their term. All club Secretaries are advised to submit their Membership Reports soon after second meeting date and well before the end of the month.

I send my best wishes to every member and look forward to welcoming you to the District Convention.

My Diary March 2010

- 5 Mar District 105A Convention
- 6 Mar District 105A Convention
- 7 Mar District 105A Convention
- 9 Mar Fairlop Lions Club O/V
- 11 Mar Wantage & Grove Lions Club O/V
- 15 Mar St Albans Lions Club O/V
- 16 Mar Edgware Lions Club O/V
- 17 Mar London Barking Lions Club O/V
- 18 Mar Enfield Lions Club O/V
- 22 Mar Stevenage Corey's Mill Lions Club O/V
- 23 Mar Hemel Hempstead Lions Club O/V
- 24 Mar Hammersmith & Shepherds Bush Lions Club O/V
- 25 Mar London Walthamstow Lions Club O/V
- 27 Mar London Mill Hill Lions Club Charter

Environment

As spring is approaching I am sure many more clubs in our district will be participating in variety of project to improve and conserve the environment in their communities. Please contact me with your ideas, suggestions and information about current or future projects so that we may share them with other Clubs.

As you know we have designated April as the Environment Month which incidentally coincides with the Earth day on 22nd April. We are requesting all Lions Clubs to take part in at least one project to protect the Environment. Organize a high-visibility hands-on club environmental project, such as a community clean-up, tree planting or recycling. Invite Lions/Leos and other community members to help clean, paint or repair a local facility such as a community center, playground or any other project in your local area.

We are continuing with the District Project to plant and protect trees in the woodlands within 105A. Green Bags are still available for purchase and can be collected at the Convention. Please contact me (victory801@hotmail.com) if you require any help, info or invite me to attend your meetings. Looking forward to hearing about your activities and programmes to improve and preserve our environment.

Remember. Reduce. Reuse. Recycle. Reforest.
IPDG Vijay Arora
Environment Officer



DG Wesley with guests at SC celebrations