



PRIDE OF LIONS



District 105A News
DG Wesley de Mendonca

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Christmas cheer for the homeless and the hungry

Lions Club of London Westminster conducted three significant projects during December 2009. For our first project, we organised a food collection at the Sainsbury's in Pimlico on 12-13 December. Over two long days, Lions Tony, Eileen, Benedikt, and Elliot collected over 2,000 non-perishable food items that were donated by the public, which were made up into food parcels by Tony, Mariano, Sunita and Elliot. Several local charities distributed the food parcels to 200 families in need. This project gave us an opportunity to promote LCI and several persons indicated an interest in joining.

For our second project, we assisted with the serving of a traditional Christmas dinner to over 130 homeless persons, which was organised by the Feeding Homeless Project. The club donated £240 to purchase turkeys. The dinner was held on 17 December at St James Church Family Centre in Pimlico. Lion Bharat Mistri (London Hendon)



LCLW Bharat, Colette & Elliot helping Kelly, a homeless person

and Lion Ali Musani (Hadley Wood) assisted Lions Tony, Colette, Eileen and Elliot. The homeless persons were very thankful, appreciating a hearty and delicious meal served on a very cold night.

For our third project, Lions Bharat, Colette and Elliot drove around central London on a very cold 20 December night searching for homeless people. We found a group in the vicinity of Lincoln Inn Fields and handed out 29 sleeping bags and numerous hats and scarves. They expressed their gratitude and we made sure they understood they were receiving assistance from LCI (Lions Clubs International was embroidered on the scarves). We still had a few sleeping bags left, so we swung by Kings Cross and near Portman Square we found a young woman, 17 year-old Kelly, huddling on the street with her dog. We gave her a sleeping bag and scarf, and food for her dog. We also bought her a pizza and hot tea at the local Pizza Hut. She was very appreciative. This Lionistic activity was a humbling experience for all of us. Afterwards, Lion Elliot contacted St Mungo's, a charity for the homeless, and referred Kelly for possible assistance.

Lions Club of London Westminster



LCLW Christmas 2009 dinner for homeless

NOTICE BOARD

105A Convention at Holiday Inn Epsom on 5th and 6th March 2010.

Blackmore Vale Lions invite Lions, family and friends to their 30th Annual Rally on 2nd to 4th July 2010. Call 01963 362465 or

e-mail schofield.roy@btinternet.com for details.

Lions Club of Stanmore CHARTER NIGHT CELEBRATION on Friday 26TH February 2010. Details from Lion President Kundan Jit Raina.

Valentine's Ball for Haiti Disaster Fund



LCI Purpose: To promote the principles of good government and good citizenship.



Lions helping to restore sight

Lions Club London Kingsbury donated £350 towards Eye Surgery. Past President Lion Vijay Joshi travelled to India to make the donation, and to see the work being done at the Bareja Eye Hospital.

The Bareja hospital is doing fantastic work and the patients really appreciate the assistance Lions Club London Kingsbury gave them. The Director of the Blind Peoples Association, (Ahmedabad, India) directed our Club to where help was most needed. The Project co-ordinator of Blind People's Association, is a Lion member of Lions Club of Vastrapur, Ahmedabad, which is the largest club in India, with 750 members! London Kingsbury will be twinning with this club in the near future.

What surpasses all, is the smile and happiness we brought to the individuals whose lives will change for a "better world" for them.

Lion Jenna Giannoccaro



Patients on the recovery ward following eye surgery.

Breaking News...

'The Power of Peace' - District 105A Peace Poster entry progresses to International Finals!

Ben Chalmers, 12, student from Bridgewater Middle School, an entry from L C Berkhamsted wins the 3rd level of judging (Multi district level) and his poster has now advance to the final stage of International level where he will be competing against 70 countries. District 105 A wishes good luck to Ben, all the members of Lion club of Berkhamsted and our District.

International winner will be declared by end of January 2010.



From the Editor

After a difficult start in reviving interest among Clubs to send in their articles for POL, I am pleased that this month I have had so many items to publish that I have had to carry over some to next month and there is little space left even for me to write...

Lion Shirish Sheth

New members in Lionism:

Dr Supriya Bhide

Lions Club of Belmont

Ms Tina Johal

Lions Club of Belmont

Polio Children meet the Lions



The Lions Club of Fairlop, now in their 3rd year, joined forces with Polio Children UK on Friday 30th October for a spectacular fund raising evening. The dinner and dance function raised an incredible £46,000 for Polio Children. All the funds raised will be used to assist children in India who suffer from this debilitating disease. Polio Children have set up a ring fenced fund for these monies to be spent on university education for at least 26 children. Trustee, Mr Arun Patel quoted,

"These funds will secure the education of these children who will go on not just to educate themselves but will, in turn, assist their families and extended families once they secure jobs"

Three children who suffer from the disease who are in the program were sponsored to come to the UK to speak first hand to the captive audience of their individual stories which were both moving and inspirational to all.

Polio Children and Lions Club of Fairlop are indebted to all guests, sponsors and volunteers who took part in this event without whose help the lives of 26 children and their families would not be the same.

Praful Chakravarti
Lions Club of Fairlop

Passed to Higher Service

Lion Jack Whiddett - Lions Club of Luton, member since 1978

Lion Colin Fowler - Lions Club of Witney

Lion Ivor Poole - Lions Club of Leighton Buzzard

Peter Moore - Lions Club of London (Host), ex member from 1978

55th Europa Forum

Tampere, Finland 17th-19th September 2009

Last September May and I joined approximately 40 other delegates from our Multiple District for the 55th Europa Forum in Tampere, Finland. The Theme of the Forum was "Connecting Generations".

To publicize the 60th Anniversary of Lionism in MD105 a special display was on show in the Agora (Market Place) depicting the various activities undertaken by our membership.

During the third meeting of the European Council, there was an important resolution from MD111, Germany, seeking to set up a Steering Committee for Europe. The proposed tasks for this Steering Committee were considered by many of the Council member states to be contentious.

However, following extensive negotiations and behind the scenes discussions by PID Phil Nathan in order to defuse a situation, which could have split Europe, an amendment from MD105 to accept the concept of the Steering Committee but working within the framework of the new Rules of Procedure to be presented in Bologna at the Europa Forum in 2010 was accepted and agreed universally to have been a satisfactory compromise.

The 56th Europa Forum is to be held in Bologna, Italy, from 4th to 6th November 2010. The theme for the Forum is "Lions the Leaders for Humanitarian and European Citizenship"

Details about the 2010 Europa Forum can be found on the website www.europaforum2010.it and is now accepting on-line bookings. Please contact me for help and advice if you intend going to the Forum.

Geoff Leeder

District Europa Forum Officer

PCC Geoff at the MD105 Display



Cycling for water

Members of Lions Club of Sudbury (the largest Club in Europe) did a bicycle run in Sardinia, Italy to raise funds for various charities. We raised over £4000.

One of the donation helped to build a water well with pump powered by children's roundabouts. As the children play on the roundabout they pump water into a large tank. Each roundabout well can provide up to 2000 people with clean water.

Advertising on the tank pays for the upkeep of the well. Wells are installed in schools and communities in South Africa, Swaziland, Lesotho and Malawi. This all makes it all worthwhile. Thanks to All Lions who made it possible.

Lion Viren Hindocha



Nominate your club for 'Club of the Year - Service in the Community Award'

The objectives of this District award is to promote greater Lionistic club activity for the Lions programme at the Club, Zone, Region, District, Multiple District and/or International level. All Lions Clubs in District 105A are eligible. Entry is by self-nomination.

In the spirit of Lionism, the more clubs that participate the more they will demonstrate the high level of service and fund raising activities in their respective communities. Points are given based on values established for the items listed under 'RULES' (see 105A website). The contest runs from 1 July to 30 June each Lionistic year. Written documentation must be reported to PDG Elliot Shubert (e.shubert@sky.com) by the Club Secretary, no later than 15 July, using the form for

point allocation. The award was designed to give equal weighting and opportunity to win, regardless of the number of club members, locality or amount of funds raised. Both small and large clubs have won the award.

The award recognises that the individual members of the club can work together as a team and can achieve excellence. This brings credit to their club, Zone and community. The First Place winner is announced at the District Convention and the winning Lions Club is awarded with an attractive travelling shield. The award is sponsored by PDG Prof Elliot Shubert & Lion Dr Eileen Cox, of London Westminster Lions Club.

Previous winners are: Redbridge Lions Club (2003-2004); Royston Lions Club

(2004-2005); Moor Park Lions Club (2005-2006); Loudwater & Rickmansworth Lions Club (2006-2007) and Fairlop Lions Club (2007-2008). The winner for 2008-2009 will be announced at the District Convention in March. We look forward to receiving your club's nomination for Club of the Year for Service in the Community for 2009-2010.

PDG Elliot Shubert

District 105A BOWLS and QUIZ EVENING

At The Stoke Mandeville Stadium, Saturday 13th February 2010. 7.00 for 7.30pm. Tickets £10.00. Proceeds to go to WheelPower. The evening will be followed by refreshments and a quiz.
Tickets from Lion Steve Foott 01525 636145



DG Wesley's Words

Conservation through cooperation and service



This is the time to reflect on our Objectives for the year and to be resolute in achieving the District Goals. It is essential that all the Lions Clubs allocate adequate time at their February Meetings to discuss the Convention Report and brief their delegates to bring ideas to the Convention floor to improve the delivery of Community Services.

Only Clubs in two Zones are submitting reports on time. The pattern is different in other Zones ranging from no Reports to irregular reporting. The District Administrator will be providing Zone Chairmen and the Region Chairmen a list of defaulting Clubs with a request to provide assistance to remedy this situation before June.

The first Cabinet meeting for 2010 was held on the 17 January. Much attention is being given to Clubs meeting the First and second Vice-District Governor candidates. I am impressed by the attendance at Zone meetings and the searching questions about Club Development which have stimulated much debate at these sessions. I have visited a number of Lions Clubs and attended Zone F Meeting - 18 January, Zone E Meeting - 19 January, Zone H Meeting - 21 January, and the COG meeting in Birmingham on 22 to 24 January This was a special meeting as it included all the 1st Vice-District Governors as well. Other visits were to Sudbury Lions Club meeting on 27 January, Merl Committee Training Day on 31 January, and the Leo Club of Wembley Formation also on 31 January.

The 60th Anniversary of Lions introduction in UK by the Charter of London Host Lions Club has triggered a consultation process on possible Celebrations with London Host Club. London Host Club has decided to hold an Event in April 2010 and will be pleased to welcome guests from District Clubs. The Cabinet discussed the Club's decision in terms of turning this occasion to a District sponsoring affair and agreed to request Zone A Lions Clubs to get together with the London Host Lions Club Officers and work out a wider involvement with their Members to determine a broader Social Event.

I offer my congratulations to the LC of Berkhamsted and to the District Peace Poster winner Ben Chalmers for being the MD 105 Peace Poster winner. Congratulations also to Lion Himanshu for his commitment.

Our thoughts must now turn to the District Convention to be held on the 5 & 6 March at the Holiday Inn Hotel, Borehamwood, Herts. See you there!

My Diary February 2010

- 1 Feb London Belmont O/V
- 2 Feb Lions Zone D Meeting
- 6 Feb Tring Lions Club Charter
- 7 Feb District Senior Citizens Party
- 8 Feb Chinatown Lions Club O/V
- 9 Feb London Hornsey Lions Club
- 10 Feb Chipping Barnet Lions Club O/V
- 11 Feb Zone K Lions Clubs Meeting
- 11 Feb Funeral Lion Ivor Poole
- 12 Feb Haiti Fund raising Event Belmont Lions/Wembley Lions Clubs
- 15 Feb District Convention Committee Meeting
- 17 Feb Lion Acton Lions Club O/V
- 18 Feb Zone N Lions Clubs Meeting
- 19 Feb Young Ambassadors Final - Dudley
- 26 Feb Stanmore Lions Club Charter Event
- 27 Feb Ruislip Lions Club Charter Event
- 28 Feb District Quiz Final
- 28 Feb District Music Competition Finals

"I See What You're Saying" Badge



Sight Impaired people are easily recognised by the "carrying" of the white cane. Hearing Impaired people have no known easily recognisable aid, so people do not realise they have a problem.

The obvious answer for the hearing impaired person is something that is visible and can be worn. The 'I SEE WHAT YOU'RE SAYING' Badge indicates that the hearing impaired individual uses lip reading as their main means of understanding. The basic outline is an eye. The pupil is the sympathetic hearing sign and the top eyelash says 'I SEE WHAT YOU'RE SAYING'; a skill all deaf people have, to various degrees, and which many of us, do not have! The colour is yellow, and the important message is in blue. These colours make it more easily readable for everyone. A magnetic fastening is provided so they do not pull or damage clothing.

Badges are available, free of charge, to Severely and Profoundly Hearing Impaired adults and children in the District. Clubs are encouraged to contact individuals in their locality, specialised Schools for deaf children, and other such Units for deaf people.

Please contact me for further information or if someone you know could use this Badge.

Lion Penny Tregillus
Speech and Hearing Officer

Water For Life



Lions are helping poor nations with safe water. Currently our involvement is Malawi and Nepal where we are working in partnership with Water Aid.

Water Aid is a charity with a clear mission and focus-providing clean water, sanitation and hygiene education to poor people. **Did you know?**

- One in eight people do not have access to safe water
- 2.5 billion people do not have access to adequate sanitation
- Water related diseases kill 5000 children every day
- 40 billion working hours are spent carrying water each year in Africa
- Women in rural Africa spend an average of 26% of their time fetching water
- Women carry on their head 20 kg of water for everyday use
- Last year Water Aid income was £46.9 million of which 79 p from every £1 went on charitable objectives whilst the remainder

went on fundraising and governance. **Your funds will help in Malawi and Nepal**

- £15 can help one person gain safe water, sanitation and improved hygiene.
- £21 could pay a trained mason to help construct a well in Malawi
- £290 well and hand pump in Malawi
- £480 a year's hygiene promotion for 850 people in Nepal

For Any Further information contact: PDG Ram Jaggi: ramjaggi@aol.com



**105A
Convention
on
6th March
- see you
there!**