



KEN'S CORNER

MAY 2008



A DAY TO REMEMBER

Sunday 6th April was a day to remember for several reasons, when we looked out of our windows on that day we had about 3 inches of snow, but that did not deter the Lions of our district from participating in events on that day, all be it in a winter wonderland.

First of all over 70 people walked for the world in Osterley Park, Lion Nimmi's organisation was 1st Class, given that the conditions were not what we expected, every body who came along had a wonderful satisfying day raising £10,000 for Campaign Sight First II, the credit must go to Lion Nimmi and her team for making it happen, and for all the walkers who braved the wintery conditions in true lionistic fashion.

The second event on that day was a sponsored parachute jump by Lion Raza Ismail of London Hornsey Lions Club, lion Raza did the jump for Wheelpower Lion Margaret's Charity. Lion Razza, Wife Yasmin and their children together with Lion Margaret left home at 06.30am in a snow storm, there were many accidents along the way and eventually they arrived, Lion Razza did his jump, in wonderful sunshine and a fine day was had by all, at the time of writing this report the total amount raised will be between £500 and £700. On behalf of Lion Margaret I would like to thank Lion Razza for this wonderful generous gesture for a wonderful cause.

PRESENTATION OF INTERNATIONAL PRESIDENTS LEADERSHIP MEDAL

It was my privilage and my pleasure to present Lion David Lloyd with the International President's Leadership Medal on Wednesday 9th April at the business meeting of Winslow Lions Club.

Lion David is known in some quarters as Mr Speech Aid, because about 20 years ago he had an idea to help people who had lost the power of speech, due to stroke or removal of the larynx, he designed a piece of equipment to aid these unfortunate people to communicate, he formed a team to assist him and the project was called "The Larinjectomy Project."

Time has moved on, the project is now



called "The Speech Aid" and due to the generosity of various people, many "Speech Aid's" have been manufactured and people throughout the United Kingdom have been getting the benefit of this wonderful lions project for many years.

20 years on Lion David is still involved,

and he is also the advisor to the Multiple District.

Lion David is a true unsung hero, he seeks no publicity or glory, although there are many unsung heroes in our district, I felt that this merited special attention.

Ken Rouse

District Governor 105a

WHEELPOWER

If you or I had sustained a spinal cord injury prior to World War II, our chances of surviving longer than three years would have been a meagre 20%. Should it happen to-day, there would be an 80% likelihood of our living our full life expectancy. The reason for this change: the efforts and dedication of one man, Sir Ludwig Guttmann.

He was one of Germanys leading pre-World War II neurosurgeons at the Jewish Hospital in Breaslau, Guttmann was forced to flee to England in 1939.

In 1944, the British Government invited him to found the National Spinal Injuries Centre at Stoke Mandeville, and appointed him the centre's director, this centre was designed to care for the large number of war wounded veterans, and on February 1st 1944, the Centre Opened.

60 years ago Professor Guttmann revolutionised the rehabilitation of patients with spinal chord injuries by introducing them to sport,

The first ever wheelchair games took place at Stoke Mandeville in 1948, the birthplace of the Paralympic Games These games became an international event in 1952, and is held every four years, usually following, and in the same city as the quadrennial Olympic Games.

My Diary

May 2008

Thu	1 st London Central	O/V
Wed	7 th Thame	O/V
Sat	10 th Moor Park Gala Night	
Sun	11 th Cabinet	
Mon	12 th Zippos Circus	
Wed	14 th London Covent Garden	O/V
Sat	17 th Ampthill	C/A
Sun	18 th Belmont Leo Formation	
Mon	19 th Zone C Meeting	
Wed	21 st District Golf Tournament	
Wed	21 st Hounslow	O/V
Thu	22 nd Acton	(provisional) O/V
Wed	28 th Acton	(provisional) O/V

June 2008

Sun	1 st Incomming Officers	
Wed	4 th Wembley O/V	
Sat	7 th Finchley Pearl C/A	
Sun	8 th Letchworth C/A	
Fri	13 th Osterley Race Night	
Sat	14 th Loudwater & Rickmansworth C/A	
Wed	18 th Milton Keynes-Stoney Stratford O/V	
Sat	21 st Walthamstow Sponsored Bedpush	
Sun	22 nd Wantage & Grove	C/L
Fri	27 th Osterley	H/O
Sat	27 th Swiss Cottage	C/A
Sun	28 th Chipping Barnet	C/A and H/O

Today of course the organisation is called WHEELPOWER and that same dedication by staff and volunteers is still very evident today, Spina Bifida, Cerebral Palsy, Stroke or just a simple accident are all part and parcel to the rehabilitation of people with disabilities.

Guttmann was concerned that some paralysed individuals lost self confidence, activity of mind, and personal dignity, he set up a new programme of treatment that was designed not only to prolong life but to help the disabled patients to overcome their psychological difficulties, and to become useful and respected members of society, he believed that sport would encourage them to make the most of their remaining physical capabilities, provide much needed exercise, and restore mental equilibrium. He introduced a few games..... Darts, Archery, Snooker, and Table Tennis, Wheel Chair Polo, and Basketball, the therapeutic value of the programme soon became evident and as the patients regained strength, coordination and confidence, they began to find regular work and a place in the outside world.

For most people, playing sport is a relatively simple thing to do. You just need a pair of trainers, a tracksuit, and depending on what you want to do maybe a racquet and ball, unfortunately it's not always that easy for someone with a disability.

Before a disabled person can even start thinking about which sport to play, where to play it or even what to wear, they need to overcome their biggest barrier and find a suitable sports wheelchair.

Just £3000 will provide a new sports wheelchair along with the training and support from "Wheelpower's" expert staff at Stoke Mandeville Stadium that will help each disabled child and young adult participate in sport and lead a healthier, happier and more fulfilling life.

£250 will fund equipment for a children's sports activity camp

£1,100 will fund two demonstration events in spinal units. These will focus on the benefits of sport to the patients rehabilitation.

£5,000 will fund a three day introduction to wheelchair sport for 25 recently paralysed adults.

Stoke Mandeville is still the home of wheelchair sport. Disabled men, women and children of all abilities visit Stoke Mandeville Stadium to play sport. Many of them take part to have fun and keep fit, while some go on to represent their countries.

THANK YOU

DONATIONS TO WHEELPOWER

Staines and Ashford / Mill Hill

On behalf of Lion Margaret I would like to thank all of the clubs who have donated to Wheelpower so far. Recently we have had two very generous donations, one from Staines and Ashford Lions Club for £300, and another from Mill Hill Lions Club for £250, I attended Mill Hill's meeting recently and it was extremely pleasing to see the partners of all members there, in a lovely spirit of Harmony, Tolerance, and Understanding, it was a wonderful feeling and one that will I am sure move this club forward.



Ordinary People – Amazing Things



Lions Golf Challenge 2008 in aid of The Annual District Senior Citizens Party & Shram Mandir Leprosy Appeal

Lions of District 105A and Chipping Barnet Golf Challenge on Wednesday 21 May 2008 offers:

- A round of golf at the historic Finchley Golf Club. Established in the 1930's Finchley offers a wealth of history and one of the best courses in London. <http://www.finchleygolfclub.com/>
 - Coffee and biscuits on arrival.
 - Light snack lunch before tee off
 - Full open (gratis) bar from 7.00 p.m. to 11.00 p.m.
- A full Indian meal at the superb GKII restaurant in North Finchley one mile from Finchley Golf Club.
 - Trophies for the winning team, runners up, longest drive, nearest to the pin, individual stableford winner amongst others.
 - Partners and friends not playing golf welcome at GKII for £25 inclusive of open bar.
 - Special Corporate rates for the event available on request.

For further information contact:

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£70

per person only