



ISSUE NO. 3 –SEPTEMBER 1999

## *Autumn Greetings to Lions of*

### **FELLOW-SHIP**

#### **Muscle Power**

Fellow Lions as you look at the fingers of the human hand you will note that not a single muscle exists within the structure of the fingers. The muscles of the forearm and hand provide the work necessary for the finger to move. The dexterity of each finger is individually capable of creating purposeful motion, and through the co-ordinated effort of the fingers, the hand is capable of far more sophisticated motion than each individual finger.

Every member of District 105A is much like the finger.

Individually, we are capable of performing detailed activities that provide for the community good. Like the hand, however, our Lions clubs offer each member the opportunity to provide community service as a co-ordinated effort with far greater results than any individual can achieve alone. *Membership* is the muscle that drives our ability to perform community service. *Fellowship* gives each Lion the opportunity to co-ordinate their efforts with other like minded men and women to create symphony of service for a world in harmony. *Fellowship* has many faces. Our regular club meetings offer us an opportunity to freely share our talents and ideas with other members.

District events allow us an outstanding opportunity for *Fellowship*.

#### **Walk on the wild side**

Experience *Fellowship* at the Pre-Millennium Party on Sunday 26 September at Berkhamsted. The Event you will be proud to remember .....

#### **Fun Travelling**

Extend *Fellowship* by partaking in the New District Competition - board games plus the quiz. Partners /friends officially part of the team. Pay a visit to another Club to learn and have fun.

On the travelling Lions;

Redbridge 154 ;Chipping Barnet 71;

Northwood 27; London Hornsey 25.

### **FREE THINKERS WELCOME**

#### **Grey-haired men and women**

Do you fit the description and believe the future of Lionism is in the hands of folks with such distinguished hair colour? Have your say at the interesting and varied programme for Winter Forum on Sunday 17 October at Heathrow Park Hotel organised by PCC Lion Viresh Paul. There is something for every Lion with dynamic facilitators to allow free exchange of ideas ----IT training, PR, increase your membership, leadership skills, managing conflict and building harmony etc. Closing date 30 September.

**Times are a changing**

Tailor-made for **YOU**:

Do you like the personalised Newsletter? Please tell me.

Did You Know?

Miss Universe 1999 is a Leo who will travel the world educating others about AIDS.

OCTOBER

**Membership Growth Month**

**8<sup>th</sup> - Lions World Service Day**

**LIFE & DEATH**

The change of London STD codes is causing horrendous problems for Medic Alert.

All 180,000 members' bracelets require re-engraving at a cost of £1/2 m. When considering donations please think of [Medic Alert](#). Contact Lion Luke Adams

[luke.skywalker@virgin.net](mailto:luke.skywalker@virgin.net). or 01727 768578(H). He also requires your assistance to lobby your MP. A pro-forma letter is available from him.

**ALL THE WORLD TO SEE**

**On the Screen**

The photographs taken on my Club visits and on Charter Anniversaries are on our [website](#). Fame at last for the best Lions in the world!

**Nairobi Calling**

World Sight Day will be celebrated on Thursday 14 October. For the first time in the history of service club organisations Lions will hold an on-line press conference hosted by International President James Irvin from a Lions Sight First Eye Hospital in Nairobi, Kenya. Participate in the web cast:

[www.lionsworldsightday.com](http://www.lionsworldsightday.com).

If your Club is organising any activity in support of Lions World Sight or Service Day please forward all articles for [105A News and B& I](#) to [Lion Paul Anstice](#). Items for these two publications must always be forwarded to Lion Paul.

**Who the L are we?**

What the L do we do? Why the L do we do it? When the L do we meet? A leaflet with the above headings playing on the letter L may help to turn a few heads!

**SIZES**

**XL**

The first Issue of 105A News will be with you shortly. The expanded version, as promised, containing more photographs articles and information may be viewed /downloaded from our Website. It is excellent.

[www.lions105a.org](http://www.lions105a.org), or <http://www.lions.org.uk/md105a>

A lot more on our website thanks to our District Website Co-ordinator Lion Satnam Loyal on [sloyal@bigfoot.com](mailto:sloyal@bigfoot.com). There is a page reserved for your Club so find out about "serving on the net." A vision of action which will propel us **towards new horizons** of humanitarian service. Some amazingly creative websites from Clubs in our District. Congratulations.

## L

The size of Lions Clubs International Foundation grants varies. LCIF's new Core 4 programme provides grants of up to US\$200,000 and has targeted screening for young people as one of its priorities.

*"One lesson life teaches us is that it is better to build children than to repair adults."*

Lion Rati Shah District LCIF Adviser has more information. LCIF has approved our application for International Assistance Grant for the sum of US\$8,000 for construction of [water wells in Nigeria](#). We raised an equivalent at District level. Congratulations go to all concerned including Amersham & Chesham Lions who initiated the programme. All of us should consider how to support our own Foundation.

## M

None of us like any increase forget a medium one to our subscriptions, so please keep them down by taking up a [Lions Affinity Card](#), which will cost you nothing. Lion Dilip Shah on 0181550 0660(H) will supply the application form or come to talk to you about the benefits.

## S

The challenge of attracting new members for the very small sized Clubs (and even the larger clubs) is not always easy. Their communities would be lost without the phenomenal work carried out by them. Clubs of all sizes should look at the "Two for One Extension Programme". Ask our Lion Mike Hendy or Lion George Bennett on 01904 705044 MD Membership Officer for detailed information. Our very own District Adviser Lion Dave Barrie has had to give up his post due to ill health. We wish him a very speedy recovery and belated birthday greetings.

## All Sizes

Clubs of all sizes have an opportunity to participate in a community service programme and reinforce their position within the community. You not only help prevent blindness but will attract new members. In order to promote the Lions Eye Health Programme every Club must first obtain a Certificate of Approval. Please ensure that your [LEHP](#) Adviser registers for special training at **Winter Forum on 17 October**.

## OLD FAVOURITES

### Price Cuts

MD105 HQ can supply PP medallion for £12.50. For metal bars M & I Enterprises on telephone/fax 01264 392949.15% discount on fast ferry on Stena line to the Republic of Ireland. Phone 0990 020202 quoting Lions Clubs International.

### Is it OK?

Please obtain policy statement on Diabetic Screening from Lion Keith Hedges before planning your next screening.

### So glad to see you

To our newest family members a warm hand of Fellowship: Angela Hector-Watkins, John Martyn, Leo

Harrison, David Hoy, John Gaster, Patricia Wellstood, Gordon Cocks, Jayne Hedges, Gillian Proctor, Linda Haslam Judith Hagger, Annette Martin. Thanks sponsors.

**PV'S EXCURSIONS**

**SEPTEMBER**

**26<sup>th</sup> Pre-Millennium Party/Walk**

**28<sup>th</sup> Harpenden (o/v)**

**29<sup>th</sup> Shefford (o/v)**

**30<sup>th</sup> Senior Citizens Party Meeting**

**OCTOBER**

**2<sup>nd</sup> Luton (C/A)**

**3<sup>rd</sup> Cabinet Meeting**

**4<sup>th</sup> Baldock (o/v)**

**5<sup>th</sup> London Kensington & Chelsea (o/v)**

**6<sup>th</sup> Thame District (o/v)**

**7<sup>th</sup> Enfield (o/v)**

**8<sup>th</sup> Buckingham (C/A)**

**9<sup>th</sup> Royston (C/A)**

**11<sup>th</sup> Stevenage Coreys (o/v)**

**12<sup>th</sup> Chipping Norton (o/v)**

**13<sup>th</sup> Leighton Buzard (o/v)**

**14<sup>th</sup> Hounslow (o/v)**

**15<sup>th</sup> Bletchley (C/A)**

**17<sup>th</sup> Winter Forum**

**18<sup>th</sup> Rickmansworth (o/v)**

**19<sup>th</sup> Edgware (o/v)**

**20<sup>th</sup> Stevenage (o/v)**

**23<sup>rd</sup> Ealing C/A**

**24<sup>th</sup> Amersham & Chesham C/A**

**25<sup>th</sup> London Hendon (o/v)**

**26<sup>th</sup> London West (o/v)**

**29 -31 COG**

***SO SORRY***

Our thoughts & condolences to Gladys the widow of Lion Mannie Silver (Harrow & Pinner) who passed away recently. May god bless his soul.

**THIMPLY THE BETHT**

The generosity of 105A Lions is Simply the Best. Donations are still coming in but we have raised around £10,000 for the Turkish Earthquake Appeal. Street collections to musical evenings are two of the numerous ways you have employed to show we care. Thank you and well done indeed.